

SUMMER  
BIBLE STUDY  
& D-GROUP  
GUIDE



# BIBLE STUDY & D- GROUPS

**Bible Study is where we gather as a whole Trace Students community to open God's Word together, specifically walking through the book of Mark. It's a space to learn, ask questions, worship, and set the tone for how we follow Jesus in everyday life.**

**From there, you'll get connected into a D Group, our summer discipleship groups. Think of D Groups like smaller life groups that help you go deeper and actually live out what you're learning.**

**Here's what you need to know:**

- **D Groups are led by student leaders**
- **They meet in different places like homes, coffee shops, restaurants, etc.**
- **Each group meets on different days and times**
- **You choose the group that fits your schedule best**
- **You must sign up for a group at one of the first two Bible Studies**
- **Groups are same-gender only**

**D Groups are built around the SPARK Principle:**

- **S – Scripture: God's Word applied to real life**
- **P – Prayer: Honest conversations with God**
- **A – Accountability: Grace and truth that help you grow**
- **R – Relationships: Authentic connection beyond the surface**
- **K – Kindling: Weekly micro-habits that keep your faith burning**

**The goal isn't just to attend something, it's to stay connected, grow deeper in your faith, and not drift over the summer.**

# BIBLE STUDY CALENDAR

## JUNE

- 8<sup>th</sup> - Bible Study | Trace Church | 9:00-10:30 AM & 6:00-7:30 PM
- 22<sup>nd</sup> - Bible Study | Trace Church | 9:00-10:30 AM & 6:00-7:30 PM
- 29<sup>th</sup> - Bible Study | Trace Church | 9:00-10:30 AM & 6:00-7:30 PM

## JULY

- 6<sup>th</sup> - Bible Study | Trace Church | 9:00-10:30 AM & 6:00-7:30 PM
- 13<sup>th</sup> - Bible Study | Trace Church | 9:00-10:30 AM & 6:00-7:30 PM
- 20<sup>th</sup> - Bible Study | Trace Church | 9:00-10:30 AM & 6:00-7:30 PM
- 27<sup>th</sup> - Bible Study | Trace Church | 9:00-10:30 AM & 6:00-7:30 PM

## AUGUST

10<sup>th</sup> - Bible Study | Trace Church | 9:00-10:30 AM & 6:00-7:30 PM

## Summer Bible Study Overview

Week 1: Mark 1 & 2 (Sign up for D-Groups!)

Week 2: Mark 3 & 4 (Sign up for D-Groups!)

Week 3: Mark 4 & 5

Week 4: Mark 6 & 7

Week 5: Mark 8 & 9

Week 6: Mark 10 & 11

Week 7: Mark 12 & 13

Week 8: Mark 14 & 15

Week 9: Mark 16 & Celebrate!

# SPARK PRINCIPLE

- **S – Scripture: God’s Word applied to real life**
- **P – Prayer: Honest conversations with God**
- **A – Accountability: Grace and truth that help you grow**
- **R – Relationships: Authentic connection beyond the surface**
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## Scripture

**The Bible is your foundation. As you read through Mark, help your group ask:**

- **What does this teach me about Jesus?**
- **What should I do about it?**
- **Don’t just read, talk about it and apply it. God’s Word changes how we live.**

## Prayer

**Prayer isn’t about being perfect, it’s about being honest.**

**Encourage your group to talk to God about everything: struggles, doubts, and wins.  
Pray together and for each other. This builds trust in God and unity in your group.**

## Accountability

**This is about helping each other follow Jesus, not judging.**

**Create a safe space where students can be real, confess struggles, and celebrate growth.**

**Push each other toward living out your faith.**

## Relationships

**Strong groups are built on real relationships.**

**Encourage students to care for each other, listen well, and show up consistently.**

**Discipleship happens best in authentic community.**

## Kindling

**Growth doesn’t just happen at D-Group it happens daily.**

**Encourage simple habits like:**

- **Reading a chapter of Mark**
- **Praying each day**
- **Attending Trace Students Summer events**

**Small, consistent steps lead to big growth over time.**

# LEADING A GROUP

You're not just facilitating a group, you're a shepherd, mentor, and example. Here's what that looks like week to week. You will receive your group questions after each Bible Study from Tristen

You Are:

- A spiritual guide – point group to Jesus in natural, relational ways.
- A discussion facilitator – help students reflect on the study, not just hear it.
- A connector – bridge relationships within your group.
- A teammate – work with Tristen, group and other leaders to build a healthy community

## ➤ Group Dynamics Tips

Ask open-ended questions.

Don't preach, invite conversation.

Embrace silence, it often means they are thinking.

Watch for talkers and silencers, help balance the group.

Tell me more... as a response to someone answering a question

Be sure that everyone feels involved

## ➤ Discipleship Tips

Be present and consistent.

Build relationships over time.

Always follow up on prayer requests and life events.

Don't rush trust – earn it.

## ➤ Meeting Tips

Create a safe comfortable meeting space that stays consistent through the Summer

Be sure to communicate meeting space and be VERY clear

Have a group chat and communicate consistently in that chat

You will meet sometime during the week after our Monday Bible Study